

Daily Options:

Cereal
Craisins
Whole Fruit
Yogurt
Cheese Sticks

KEY:

Served Warm



Freshly Prepared



Bellflower Unified School District



February 2024 Middle & High School Breakfast Menu

Milk Options:

1% Milk

Nonfat Milk

Nonfat Chocolate
Milk

We are an Equal Opportunity Provider. This Menu is Subject to Change Without Prior Notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			¹ Chocolate Donut or Pancake on Stick w/ Syrup	² Breakfast Fruit Pizza or Muffin
⁵ French Toast w/ Apple Glaze or Pancake Confetti Bites w/Syrup	⁶ Pork Sausage Sandwich or Vanilla Concha	⁷ Yogurt Bowl or Honey Wheat Breakfast Bar	⁸ Chocolate Donut or Pancake on Stick w/ Syrup	⁹ Waffle w/ Banana & Syrup Pkt or Cereal Bar Variety
¹² French Toast w/ Apple Glaze or Pancake Confetti Bites	¹³ Breakfast Bites or Vanilla Concha	¹⁴ Yogurt Bowl or Honey Wheat Breakfast Bar	¹⁵ Chocolate Donut or Pancake on Stick w/ Syrup	¹⁶ Abraham Lincoln Day No School
¹⁹ No School	²⁰ Pork Sausage Sandwich or Vanilla Concha	²¹ Yogurt Bowl or Honey Wheat Breakfast Bar	²² Chocolate Donut or Pancake on Stick w/ Syrup	²³ Waffle w/ Banana & Syrup Pkt or Cereal Bar Variety
²⁶ French Toast w/ Apple Glaze or Pancake Confetti Bites w/Syrup	²⁷ Breakfast Bites or Vanilla Concha	²⁸ Yogurt Bowl or Honey Wheat Breakfast Bar	²⁹ Chocolate Donut or Pancake on Stick w/ Syrup	